

WHAT CAN REES DO FOR YOU?

The Rees Foundation offer a wide range of projects available to all ages. Our projects aim to connect people, assist in times of crisis and support care experienced people (CEP) - helping them to thrive.



ARTS PROJECTS

Creative projects and competitions across a variety of artistic channels. Includes virtual and face to face groups suitable for all ages.



CAREERS COACHING

Step-by-step help to navigate the job market, including; creating a CV, finding training courses and the best interview techniques.



CEP IN CUSTODY

Working with prisons across the country to highlight the support channels available both whilst in custody and also upon exit.



FINANCIAL ASSISTANCE

Assisting in developing good budgeting and financial management skills, as well as providing crisis grants and Higher Education grants where possible.



HOUSING & MENTORING

Rees manage a range of quality properties in Worcestershire, exclusively for care experienced people.



LET'S CONNECT ONLINE SESSIONS

Connections can lead to life-long and empowering friendships, and online sessions allow care leavers to connect with each other from any part of the country.



TIME TO TALK

The Rees support team offer a listening ear in total confidence. Our team are Mental Health First Aiders and are able to offer support in times of need.



SIGNPOSTING & SUPPORT

Although the team are on hand to offer guidance and support, if Rees can't help with your enquiry, we'll signpost to those who can.



PANEL PROJECT

Unique training to equip care experienced people with the skills required to become a panel member and connect to panel member opportunities.



REES AFFILIATED CAFES

Rees have partnered with cafes across the UK to provide safe social spaces in the heart of the community for all. The Rees Guest card provides free drinks.



YOUTH PROJECTS

Projects developed for younger care experienced people, aged 16-25. This includes careers support as well as opportunities to connect and have fun.



NEED SOME HELP?

ASK JAN

The membership for care leavers

- Live Chat and WhatsApp
- 24/7 Counselling Support
- Legal Advice Helpline
- Financial Advice
- Access to discounts on days out and high street shops
- Life Coaching
- Wellbeing Platform

Over 40 Local Authorities and other organisations are currently commissioning Ask Jan for their care leavers!

